

STROKE BY STROKE



*How to Give
Amazing
Hand Jobs*

Stroke by Stroke

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Stroke by Stroke

How to Give an Amazing Hand Job

Whether or not you've mastered fellatio techniques, one thing is certain – the predecessor of all blow jobs is the underestimated hand job. Why are hand jobs underestimated? Presumably, male genital massage is not as good as oral fellatio – or so they say. There are times in which your hands can do *much, much* more to a penis than you could dream of doing with your mouth and therefore, sometimes two hands are better than one mouth!

Here, we'll discuss plenty of techniques that you can use for male genital massage to get your partner aroused and to climax in a matter of minutes – or if you feel like it, hours! Generally, a well performed hand job works better than fellatio and gives you a break as well ladies – keep in mind that it is easier to prolong a male genital massage for extended periods of time than it is to give your partner ultra-long, ultra-sensuous fellatio. That doesn't mean, however, that you should always replace fellatio with a genital massage. There's just something about a hot mouth on your partner's penis that really gets him going. But by learning the tricks and techniques of giving a great genital massage, you can be sure that you have two tricks – one up each sleeve!

Getting Started

There are several things you need to do before getting started on your man's member. While he doesn't have to do as much grooming and freshening up for a hand job (think of it as a great way to please your man

after he's mowed the lawn), you may have to put in a little more effort on your part.

♦ **Make sure your hands are soft and your nails are clipped.**

Nothing can be more frustrating than for a man to be quite aroused but having his penis get snagged by a hangnail mid-job. Generally, women have soft hands but if you notice any calluses or rough spots, you might want to take care of those first before beginning the massage. Last but not least, be aware if you have any cuts or open sores on your hand. If you do and aren't sure if your partner has a sexually transmitted disease (or if you know that he does), be sure to wear latex or vinyl gloves for the job. Gloves are also great if you do have calluses or rough spots on your hands and most guys love them (contrary to popular belief) because it gives the massage a slicker, more uniform feeling.

♦ **Get some lube.** No, lotion simply won't do – it is too thick and gloppy! Don't use oil either if you plan on having intercourse using a condom later on and come to think of it – don't use oil at all. Lube isn't that expensive and works much better for the task at hand (no pun intended) – make sure you get the water based lubricant as well. Have it ready by the bed (or venue of choice) so that when you begin, you can easily coat your hands and your partner's penis with the substance.

♦ **Have other items of interest ready.** This goes without saying, really. If you plan on using gloves or condoms for added protection, have those ready to go (it helps to have the condom already unwrapped). If you want to use edible items or other props (such as feathers, etc.) you will want to get those out and set up next to the area in which you will be giving the genital massage. Less time fumbling around with items that you're going to use equates to a more enjoyable experience with your partner.

♦ **Make your partner comfortable....and you too!** This is actually a very important part regarding genital massage that is often given very little or no thought. First of all, if your partner is not comfortable, his enjoyment will be hindered somewhat – making it more difficult for him to have an orgasm. If the woman is uncomfortable, she will tire of massaging her partner's genitals more quickly and easily than if she were set up well and relaxed. You can do this by first finding a comfortable place in which to give your partner the genital massage. You can also add extra comfort by propping either you or your partner (or both!) up on soft pillows. Be sure to position yourself so that your hands and arms will not become tired easily.

Finding the Right Position

We've established that it is important to find a comfortable position for both you and your partner before embarking on a genital massage. How do you know what is the right position? Experiment! You and your partner should work with different positions until you both find something comfortable. Some ideas for positioning are:

- *Standing with your partner facing you*
- *Standing with your partner facing opposite you*
- *Kneeling in front of your partner sitting in a chair or on the bed (like fellatio)*
- *Sitting side by side on the couch or the bed (or other surface)*
- *Sitting in between your partner's legs while he is lying down*

- *Sitting beside your partner but leaning over in a way that you are facing his feet*
- *“Doggy Style” positioning*
- *Kneeling while your partner is standing*
- *Lying beside your partner*
- *Any other position that you and your partner find comfortable and fun*

As long as you and your partner keep an open mind and keep the lines of communication open, you are likely to find several genital massage positions that work well for you. Just make sure to communicate! If something is not working for either you or your partner, it is important that you speak up about it and let the other know immediately! As long as you do so in a kind and gentle manner, no one will get offended by it. This applies to all aspects of genital massage (not just the positioning).

Warming Him Up

Just like with fellatio, it is important to warm your partner up before going the full Monty. Just how exactly do you get your partner warmed up? You can utilize some of the same techniques for warming up a man for fellatio, such as giving him visual stimulation. Trust us – with guys, visual stimulation will warm them up *anytime*. You can wear revealing or seductive lingerie (just as long as you’re wearing something that you feel

good in and are comfortable with too) or you can do a little strip tease for him. Just watching someone else fondling his beloved member for a change is probably enough to get him rock hard in no time.

One of the best ways, however, to get a man warmed up for genital massage is to massage the rest of his body first. Contrary to popular belief, women aren't the only ones who like full body massage as a prelude to sexual activity! Now, this does not mean that you have to go all out and give your partner a massage that a professional would charge a hundred bucks an hour for. You can, however, by massaging his head, neck and some of his back to get him loose and ready to experience sexual stimulation. This is also a great ice breaker if you're a bit shy or if you're wanting to surprise your partner with a hand job. One minute your hands are on his lower back and the next....

Other great ways to warm him up are to:

- *Talk dirty to him.*
- *Give him a play by play of what you're going to do to him before you do it*
- *Give him a sensual (or kinky) lap dance*
- *Play a naughty board game with him (you can find some great games at <http://www.100sexgames.com>)*

As long as you're creative, you can come up with hundreds of ways to get your guy ready for some hot, hand job action!

Genitalia

First, let's explore some of the places on a man's genitals that are great for a massage. It is important to note the various parts of your man's anatomy before beginning a genital massage so you know just where to put your hands and when.

- ◆ **Scrotum.** The scrotum is a great place to hold, tug lightly and massage lightly. Cupping his scrotum with one hand can give your partner excellent sensations while you do the dirty work with your other hand! Just be careful not to massage your partner's scrotum too hard – this is a very sensitive area and a rough approach just won't work here.

- ◆ **Perineum.** This is probably (and we say probably because not *all* men enjoy touching sensations on this part of their body) the area that gives you the most advantage during a genital massage? Why, you ask? When pressure is put on the perineum, it stimulates a man's sensitive prostate gland. Men *love* having their prostate gland stimulated (it is like a man's G-spot) but not all of them know they do. That's because other than the perineum, the only other way to gain access to the prostate gland is through the anus and there are more men that *don't* like going that route than there are that do. Pressing or rubbing on the perineum during a genital massage can give your partner the thrill of a lifetime. Just make sure that your partner is comfortable with your hand in that spot and make sure he lets you know how low is too low if he is uncomfortable with your hand near his anus.

- ◆ **Inner thighs, lower abdominal muscles.** These areas are secondary to the others during a genital massage and you may want to use

them just to help warm your partner up – but if he really likes it, feel free to use these areas during the hand job to give your partner more of an “all over” feeling. These spots can take a little more of a rough touch, so they are great to squeeze, press and manipulate when you are really ravaging your partner during a genital massage. Be careful not to do this too hard, your partner is not Play-Doh! If you prefer to go the softer route, these places are very responsive to light touching (such as running your fingers up and down them) or to tickling. Light touches in these areas are best for teasing.

♦ **The Penis.** Well, of course the penis is the main area on your partner’s body that you want to pay attention to when giving a genital massage. None of the other areas have the capacity to bring your partner to orgasm – but it is important to note that concentrating on massaging the penis only during a genital massage can make it slow work for you. Accessing and utilizing massage techniques on the other areas of your partner’s groin area can make things go more quickly and actually, it will make the genital massage more exciting, pleasurable and satisfying to him.

Massage Techniques

Okay, you’ve gotten to the best part. Here, we’re going to go over some of the specific techniques you can use to massage your partner’s penis into complete oblivion! With these techniques, you will probably be able to bring your partner to an orgasm. Just a few quick notes before we go into the details:

When beginning a genital massage, start with lighter, irregular strokes – like teasing. As you go further and further into the genital

massage, stick with two or three main strokes that your partner really enjoys. Develop a good rhythm that your partner can get into – that is the key to bringing your partner to orgasm with a genital massage. When your partner is arriving at an orgasm, it is very important that you don't vary your technique at all! Moving even slightly into a different hand position can bring your partner back down from the brink and cause you to have to start bringing him back up again. If your partner is close to having an orgasm, the same stroke over and over will push him over the edge!

° Begin by just using the tips of your fingers. Let them float all around your partner's penis, pressing lightly and then moving into a firmer press.

° Roll the shaft of his penis in between your palms. You can do this lightly or harder if your partner likes more stimulation.

° Take one hand and wrap it around his penis, pulling towards the head. As you're finishing the stroke with that hand, begin a new stroke with the other hand. Be careful not to pull too hard, however, because anything more than a gentle to a medium pull can give your partner the uncomfortable sensation that he is being "milked."

° Hold the base of the penis firmly with one hand while rubbing your palm on the head of the penis. This traps blood at the head of the penis, making it more sensitive to whatever you're stroke you're using on the head.

° Give a long stroke from the base of the penis all the way to the tip of the head in a twisting motion. You can twist up the entire penis or save the twisting until you reach the head for a varied effect.

° Put both hands on your partner's penis, one at the base and the other at the head. Use the above technique, but twist with both hands at the same time. You can also twist in different directions to spice up the move.

° Try using different strokes with your partner's penis pointed in different directions. This causes blood to flow in different areas, making him more sensitive to your movements.

° Make your thumb and forefinger form a ring around the base of your partner's penis. Move this ring up and down the penis in long strokes. You can do this gently or in a more firm fashion depending on the stage of genital massage your partner is in.

More Techniques

° Hold your partner's penis firmly in both hands and use your thumbs only to massage your partner's shaft and head. You can do this in strokes or circles, depending on what your partner likes best.

° Use any stroke that involves just one hand in combination with strokes that involve pulling, tugging, holding, cupping and lightly massaging your partner's scrotum.

° Utilize the above technique (one-handed stroke combined with the other hand massaging another area) on the perineum. This will create delightful sensations between his "G-spot" and his penis. This move will bring your partner to orgasm quickly and it is a great move to use while he finishes off. If your partner enjoys this move, you can use it as the core of your genital massage.

° If your partner is uncircumcised, have fun with his foreskin. Massage it, pull it gently and twist it around to create a variety of sensations.

° Use an excessive amount of lube (if you're both planning to take a shower afterwards because he'll need to). This will give him a super-sexy, ultra-slippery feeling all over his scrotum, penis and perineum.

° For a different approach, try a dry massage. Your partner may find this uncomfortable, however, especially if the skin around his penis is very tight and does not allow for much movement.

He's About To Have An Orgasm

You've made it through the hard part – getting your partner up to the point where orgasm is imminent. Here, you can do a couple things. You can relinquish your partner's penis back to him and allow him to finish the job (hardly anyone does this, but it does work if you don't feel like having ejaculate on your hands or if your partner prefers to control his orgasm himself).

A more popular approach is to see your partner through his ejaculation by performing his favorite strokes and continuing to give him pleasure through his orgasm. Although a man will continue to ejaculate once orgasm has started, even if you stop and do nothing, this will not be a very good orgasm for your partner.

Most of the time, women will let their partner's ejaculate on their hands. You can keep one hand on the head of his penis while he has an orgasm (this is very pleasurable) and let his semen bubble over your fingers like a volcano, or you can keep your hands on the shaft of your partner's penis and watch how high his eruptions will go! If you are uncomfortable with having your partner's semen on your hands, you can use gloves or you can hold a towel, washcloth or tissue over his urethra just as he is about to ejaculate to catch the semen. Any way you and your partner choose to handle the orgasm is fine – as long as you both are comfortable and enjoy it.

The Importance of Communication

As with any sexual activity, communication between both partners is absolutely key to having a successful fellatio, genital massage or even intercourse session. You must keep the lines of communication open between you and your partner when performing genital massage to be able to give him the best genital massage you can and for you to be comfortable in doing so.

You will need to learn what he likes and when he likes it – although it is somewhat your responsibility to pay attention to his bodily cues (such as movements and noises) to learn if he really likes something, it is your partner's responsibility to let you know if something is not working. If your partner does not tell you when something doesn't feel as good as he would like it to, he is setting you up for failure!

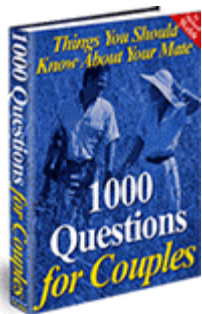
On the same token, it is crucial to let your partner know if you are uncomfortable with something or if a particular move causes your hands numbness, pain or makes them tire easily. In doing so, you ensure that both you and your partner are on the same page about genital massage and avoid a lot of frustration! If you're not comfortable with telling your partner up front, try writing him a note or even emailing him. It is best if you and your partner talk face to face about such intimate matters.

Conclusion

Although male genital massage doesn't get very much credit in the shadow of fellatio, giving your partner a hand job can be a wonderful experience for him. To give a successful hand job, you need to communicate and stay creative!

You can use any or all of the techniques in this book but of course, feel free to make up your own! If you keep a closed mind to trying out new things and new techniques when sexually pleasing your partner, you will become a one-trick-pony and things will get boring real quick! Don't be afraid to try something new every once in awhile to spice up your bedroom romps. Good luck!

Recommended Resources



What you ABSOLUTELY MUST know about the person you are with. This ebook also comes with a free 300 Days of Questions e-course.

www.questionsforcouples.com



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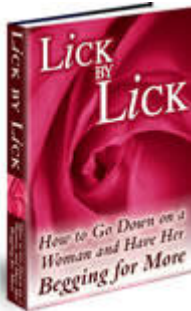
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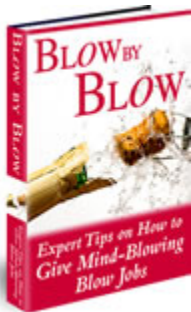


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